

EMERGENCY/CRISIS



***CHILD ABUSE HOTLINE...
ALWAYS CALL IF YOU SUSPECT A
CHILD IS BEING ABUSED!
You can remain anonymous.
877-237-0004***

- ▶ **Suicide Prevention:**
1-800-SUICIDE
1-800-784-2433
- ▶ **American Red Cross:**
(931) 388-3500
302-B West 7th St
Columbia, TN 38401
- ▶ **Columbia CARES:**
HIV/AIDS
(931) 381-0114
319-D West 7th St
Columbia, TN 38401
E-mail: info@columbiacares.org
- ▶ **Lifeline:** (Suicide Hotline)
1-800-273-TALK
- ▶ **Division of Healthcare Facilities:**
1-877-287-0010
(To report abuse/neglect in a healthcare facility)
- ▶ **DMRS Investigations:**
1-888-633-1313
(To report abuse/neglect in Mental Retardation facilities)

▶▶ **911 Emergency:** Dial 911

▶▶ **Information Referral Resource:** 211

- ▶▶ **Mobile Crisis:**
(For mental health crisis situations)
1-800-681-7444
- ▶▶ **Pregnancy Center of Columbia (Formerly A Woman's Place):**
(Crisis pregnancy and infant parenting support):
(931) 381-4024
704 Dunnington St.
Columbia, TN 38401
- ▶▶ **Domestic Violence:**
1-800-356-6767

▶▶ **Hope House:** (domestic violence) (931) 381-8580

▶▶ **Dawson McAllister (youth) hotline:** (931) 486-1515 220 Town Center Parkway Spring Hill, TN 37174

▶▶ **Adult Protective Services:** (931) 380-2552 1-888-APS-TENN 1400 College Park Columbia, TN 38401 Report adult and elderly abuse

▶▶ **TBI Medicaid Fraud:** 1-800-433-5454 (To report abuse/neglect in Medicaid facilities)

▶▶ **Youth Crisis:** (800) 442-HOPE

CHILDREN & YOUTH

- ▶▶ **TEIS:** (early childhood development assessment/support)
1-800-852-7157
(615) 849-8404
S. Church St. Suite 703
Murfreesboro, TN 37130
Fax Referrals to: (931) 388-1644
- ▶▶ **TN Highway Patrol Safety Education Division:**
Car Seats / Booster Seats
(931) 766-1425
- ▶▶ **Children's Services Society Adoption:** 1-877-355-7444

- ▶▶ **Early Childhood Network:**
(931) 490-1566
1222 Medical Center Dr.
Columbia, TN 38401
- ▶▶ **Department of Children's Services:**
Contact Person:
Stephanie Dunn
(931) 380-2587
1400 College Park
Columbia, TN 38401
- ▶▶ **Dolly Parton's Imagination Library:**
(931) 490-0521



▶▶ **Head Start:** (931) 381-8762 1101 B Bridge St Columbia, TN 38401

CLOTHING

▶▶ **Friendship Baptist Church:**
For Culleoka Residents only
(Thursday mornings, 9-11:30)
(931) 987-2575



▶▶ **Graymere Church of Christ:**
(Thursday mornings 8:30-11:00,
closed June and July)
(931) 388-4796
1320 Trotwood Ave.
Columbia, TN 38401

▶▶ **Pregnancy Center of Columbia**
(Formerly A Woman's Place):
(931) 381-4024
704 Dunnington St.
Columbia, TN 38401



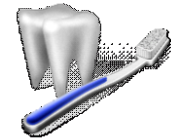
▶▶ **Dept. Human Services:**
(931) 380-2552

DAYCARE ASSISTANCE

▶▶ **South Central Human
Resource Agency:**
(931) 381-1734
1501-C Carmack Blvd
Columbia, TN 38401

▶▶ **Boys and Girls Club:**
(931) 490-9401
210 West 8th Street
Columbia, TN 38401

DENTAL ASSISTANCE



▶▶ **Cayce Dental Clinic:**
(615) 226-1695

▶▶ **Maury Co. Health Dept.:**
(931) 388-5757

▶▶ **TSU Dental Clinic:**
(615) 963-5791

▶▶ **East Dental Clinic:**
(615) 880-2177

▶▶ **Metro Dental Clinic:**
(615) 254-8608

▶▶ **Meharry Dental Clinic:**
(615) 327-6669

▶▶ **Matthew Walker Clinic:**
(615) 327-9400 ext. 244

▶▶ **Napier-Sudekum Dental Clinic:**
(615) 256-7543

▶▶ **Meharry Orthodontic Clinic:**
(615) 327-6303

▶▶ **Donated Dental Services**
Coordinator: Margie Belowsky
1-888-426-7379

EYEGLASSES



▶▶ **Lions Club:**
Through Good Samaritan
(931) 388-3840
921 S. Beckett
Columbia TN 38401

DISABILITY



▶▶ **Division of Mental Retardation:**

1-800-535-9725

Olive Johnson

615-532-6510

Services to those w/disabilities

▶▶ **DHS-Division of Voc.**

Rehabilitation:

(931) 380-2563

1400 College Park
Columbia, TN 38401

▶▶ **Long Term Care Ombudsman:**

1-800-221-2642

▶▶ **TN Disability Coalition:**

1-888-643-7811

▶▶ **Blind Services:**

1-800-628-7818

▶▶ **Council for the Deaf:**

1-800-270-1349

▶▶ **Social Security Hotline:**

1-800-772-1213

▶▶ **Disability Determination:**

1-800-342-1117

▶▶ **Area Agency on Aging and Disability:**

(931) 381-2040

815 South Main Street

▶▶ **TN Protection & Advocacy:**

1-800-342-1660

▶▶ **Columbia State Community College**

(931)540-2790

Financial Aid Department
1665 Hampshire Pike
Columbia, TN. 38401

▶▶ **Maury County Board of Education**

(931)380-4687

210 W. 8th Street
Columbia, TN. 38401

▶▶ **Good Will Career Solutions**

(615)392-7775

Nasdaq Street
Spring Hill, TN. 37174

Education



▶▶ **Tennessee Career Center**

(931)490-3800

119 Nashville Hwy.
Columbia, TN. 38401

▶▶ **DHS- Division of Vocational Rehabilitation**

(931)380-2563

1400 College Park Drive
Columbia, TN. 38401

▶▶ **Project Learn Educational Center**

Maury County Adult Education

GED Program

(931)490-3811 / Fax: (931)490-3813

Sheryl Jordan, Career Center Services Director

119 Nashville Hwy. Ste. 113

Columbia, TN 38401

www.sctworkforce.org/projectlearn.html

▶▶ **The Good Samaritan**

Program: (931) 388-3840

Located at The Family Center

921 S. Beckett St.
Columbia TN 38401

▶▶ **South Central Human**

Resource Agency:

(931) 388-1173

17-A Public Square
Columbia, TN 38401

▶▶ **Family 2 Family:**

P.O. Box 293

Mt. Pleasant, TN 38474

Applications available at City

Hall and Mt. Pleasant Power

Co. or email

family2family@live.com

FINANCIAL



▶▶ **“The Money Wheel”:**

(free budgeting seminar)

Held at The Family Center

▶▶ **DHS: (Families First, Food Stamps, TennCare)**

(931) 380-2552

1400 College Park
Columbia. TN 38401

▶▶ **FAFSA:**

1-800-4-FED-AID (1-800-433-3243)

(pell grant for college financial aid)

www.fafsa.ed.gov

▶▶ **Tennessee Student Assistance**

Corp.:

1-800-342-1663

www.state.tn.us/tsac

▶▶ **Federal Student Loan:**

[www.staffordloan.com/stafford-loan-](http://www.staffordloan.com/stafford-loan-info)

[info](http://www.staffordloan.com/stafford-loan-info)

▶▶ **Salvation Army**

1-800-903-0639

(leave message)

FOOD

▶▶ **Operation Outreach:**

(931) 388-7533
6111 Cayce Lane
Columbia, TN 38401

▶▶ **Harvest Share Food Pantry:**

(931) 381-4285
419 W 9th
Columbia, TN 38401

▶▶ **Angel Food Ministries:**

(931) 682-2902
2013 Santa Fe Pike
Columbia, TN 38401



▶▶ **First Baptist Church**

(First Family):
(931) 388-2655
2790 Pulaski Hwy.
Columbia, TN 38401
(Tuesdays, 3:30pm)

▶▶ **DHS (Food Stamps):**

(931) 380-2552
1-800-342-1784
1400 College Park
Columbia, TN 38401

▶▶ **Family Center:**

(931) 388-3840
921 S Beckett St
Columbia, TN 38401

▶▶ **Friendship Baptist Church:**

For Culleoka Residents only
(Thursday mornings, 9-11:30)
(931) 987-2575

FAMILY

▶▶ **Strengthening Families:**

(Family activities with meal provided
to develop better behaviors)

(931) 224-1041
Fax (931) 490-1502

▶▶ **HUGS:**

(931) 388-5757, ext. 213
Located at the Maury County Health
Department
Columbia, TN 38401
Description: assisting with prenatal
care and children up to 5 y.o.a.



▶▶ **Family Center:**

(931) 388-3840
921 S Beckett St
Columbia, TN 38401

▶▶ **Columbia State
Community College:**

Divorce Classes
(931) 540-2660

▶▶ **Responsible Parenting:
Centerstone**

(931) 490-1557
Free assistance with pregnant
teens and assisting with
parenting skills

HOUSING

▶▶ **Columbia Housing and
Redevelopment Corporation:**

(931) 388-5203
201 Dyer St
Columbia, TN 38401
www.chrc-tn.org

▶▶ **Hope House: (domestic violence
shelter and support) (931) 381-8580**

▶▶ **Emergency Homeless Shelter
Board: (No actual shelter yet)**
(931) 223-8411 or (931) 379-5155

**** You can get a free
low income housing
list at The Family
Center: 388-3840**

▶▶ **Habitat for Humanity:**

(931) 380-8947
PO Box 1401
Columbia, TN 38402



▶▶ **Nashville Shelters:**

MEN (615) 255-2475
WOMEN (615) 312-1574
FAMILY (615) 292-0551

HEARING AIDS

▶▶Saint Peter's Episcopal Church:
(931) 388-3331
311 West 7th St.
Columbia, TN 38401

▶▶Sertoma International:
(816) 333-8300
www.sertoma.org

▶▶Alexander Graham Bell
Association:
(202) 337-5220
(202)337-8314 TTY
www.agbell.org

▶▶Rotary Clubs:
www.rotary.org

▶▶TPAS Trust:
(314) 371-0533

▶▶Audient Program:
(877) AUDIENT
www.audientalliance.org



▶▶Easter Seals:
www.easter-seals.org

▶▶Lions Club International:
www.lionnet.com/united_states

▶▶Quota International:
(202) 331-9694
www.quota.org

▶▶Hear Now:
(800) 648-HEAR

▶▶Hear USA:
(888) 835-HEAR

▶▶Better Hearing Institute:
(800) EAR-WELL
www.betterhearing.org

▶▶March of Dimes:
www.marchofdimes.com

▶▶Kiwanis Clubs:
www.kiwanis.org

▶▶Miracle Ear Children's
Foundation:
(800) 234-5422
www.miracle-ear.com

LEGAL



▶▶Legal Aid Society:
(931) 381-5533
1-800-238-1443
(Free legal services)

▶▶Child Support Office:
(931) 380-2538
102 West 7th
Columbia, TN 38401

▶▶CASA of Maury County:
(931) 381-4733
22 Public Square Suite 2
Columbia, TN 38401

MEDICAL

▶▶State Health Insurance
Assistance:
(931) 540-1200
105 North James Campbell Blvd
Columbia, TN 38401

▶▶Medicare Hotline:
1-800-489-4633

▶▶TennCare Hotline:
1-800-669-1851

▶▶Maury Regional Hospital:
(931) 381-1111
1224 Trotwood Avenue
Columbia, TN 38401



▶▶Maury County Health Dept.:
HUGS, Children's Special Svc.
(931) 388-5757
1909 Hampshire Pike
Columbia, TN 38401

▶▶TennCare Consumer Advocacy:
1-800-722-7474

▶▶Hope Clinic:
(931) 540-1200
105 North James Campbell Blvd
Columbia, TN 38401

▶▶The Ambulatory Care Clinic:
(931) 540-4140
1220 Trotwood Ave
Columbia, TN 38401

▶▶Maury Regional Home
Health Services:
(931) 380-4095

▶▶Hospice of the Highland
Rim:
(931) 381-4090

MENTAL HEALTH

▶▶**NAMI Maury County:**
(Mental Illness education/support)

(931) 215-1616

1-866-901-6264

1-800-467-3589

P.O. Box 1736

Columbia, TN 38402

NAMIMauryCounty@yahoo.com

▶▶**Life Solutions Reconnect**
Columbia: (social skills center for
adults with mental disorders)

(931) 381-3027

6011-A Trotwood Ave.

Columbia, TN 38401



▶▶**Centerstone:**

(931) 490-1500

1-888-291-4357

1222 Medical Center Dr

Columbia, TN 38401

▶▶**Youth Villages:**

(931) 388-4216

(Multi-systemic therapy for
children with a mental
health diagnosis)

CENTERSTONE: TRAUMA

SPECIALTY TEAM:

(For families with a child who has a
severe emotional disturbance)

(931) 560-3070

211 Wayne St.

Columbia, TN 38401

▶▶**Regional Intervention Program:**
(young child/parent behavior challenge
help and education)

(931) 490-1500

1222 Medical Center Dr.

Columbia, TN 38401

Free Counseling Service:

(931) 490-1556

PREGNANCY



▶▶**Pregnancy Center of Columbia**
(Formerly A Woman's Place):

(931) 381-4024

704 Dunnington St.

Columbia, TN 38401

▶▶**WIC:**

(Health Dept. asst. with formula, etc.)

(931) 388-5757

▶▶**Amnesty International:**
(human rights violations)

(615) 599-2687

▶▶**Maury County Library:**

(931) 375-6501

211 West 8th St

Columbia, TN 38401

▶▶**Consumer Affairs**

1-800-342-8385



OTHER

RECREATION

▶▶**YMCA:**

(931) 540-8320

1446 Oak Springs Drive

Columbia, TN 38401

▶▶**Maury County Arts Guild:**

(931) 381-9494

705 Lion Pkwy

Columbia, TN 38401

www.artsguild.org

▶▶**Maury Magic Riders:**

(931) 380-1119

Horseback riding therapy for
persons with disabilities



▶▶**Scouts:**

(931) 490-8660

1129 Trotwood Ave

Columbia, TN 38401

▶▶**Maury County Parks and Recreation:**
(931) 388-0303

1018 Maury County Park Drive

Columbia, TN 38401

▶▶ **Columbia Parks and Recreation:**
(931)388-8119

821 West 9th Street

Columbia, TN 38401

<http://www.columbiatn.com/ParksRec/ParksRec.htm>

PRESCRIPTION HELP

▶▶ Partnership for Prescription Assistance
(PPA) 1-888-477-2669
www.pparx.org

▶▶ Needy Meds
www.needymeds.com

▶▶ Free Meds and Solutions
1-866-822-7905
www.freemedsandsolutions.com

▶▶ Free Medicine Foundation
1-888-812-5152
www.FreeMedineFoundation.com

▶▶ Hope Clinic:
(931) 540-1200
105 North James Campbell Blvd
Columbia, TN 38401

▶▶ Walmart Rx Program
(931) 388-8193

▶▶ Lilly Drug Company
1-877-795-4559
www.helpingpatients.org

▶▶ Medicare Rx
1-800-MEDICARE
www.medicare.gov

▶▶ Legal Aid Society
1-800-234-1443
www.las.org

▶▶ RxOutreach
1-800-769-3880
www.rxoutreach.com



▶▶ Johnson & Johnson Patient Assistance Program
1-800-652-6227

▶▶ Abbott Patient Assistance Program
1-800-222-6885
www.helpingpatients.org

▶▶ Glaxo Smith Kline Bridges to Access
1-866-PATIENT
www.BridgestoAccess.gsk.com

SENIOR HELP

▶▶ Maury County Senior Citizen Center:
Maury County Park
(931) 388-9595
Activities & meals

▶▶ Area Agency on Aging and Disability:
(931) 381-2040
1-866-TENNOPT
815 S. Main St.
Columbia TN 38401

▶▶ Eldercare Locator
1-800-677-1116

▶▶ Veterans Administration:
1-800-827-1000



▶▶ Elder Abuse Advocate:
Contact Carmen Craft
(931) 381-5533

▶▶ Council on Aging:
(931) 490-5900
1-866-836-6678
807 S Main St
Columbia, TN 38401

▶▶ South Central Human Resource Agency:
Older worker program
1-800-221-2642

▶▶ Alzheimer's Association:
1-866-463-6423

TRANSPORTATION



▶▶ TennCare Transportation:
(for TennCare recipients only)
1-800-209-9142

▶▶ Maury County Public Transportation:
(931) 388-9595

▶▶ MUMS:
626-MUMS
(626-6867)
randnick@bellsouth.net
www.mauryunited.org

▶▶ RTA:
(615) 862-8833
Vanpool
www.rta-ride.org

▶▶ Shuttle Transportation:
(from Spring Hill to Nashville)
(615) 589-9404

▶▶ SCAT:
(931) 766-7867

▶▶ TMA:
(615) 790-4005 ext. 102
Vanpool
WWW.TMAGROUP.ORG

SUPPORT GROUPS / SUBSTANCE ABUSE HELP

▶▶ **Hope House:**
(domestic violence support groups...do
NOT have to be in shelter)
(931) 381-8580

▶▶ **Place of Hope:**
(931) 388-9406
105 North James Campbell Blvd.
Columbia, TN 38401
Drug & Alcohol rehab center
Homeless shelter & Halfway house

▶▶ **Discipleship House:**
(931) 379-9609

▶▶ **Al-Anon:**
(800) 344-2666

▶▶ **Children and Adults with ADHD:**
(800) 233-4050



▶▶ **Autism:**
(800) 3-AUTISM

▶▶ **Runaway:**
(800) 621-4000
(800) 786-2929

▶▶ **Foundations of Life Recovery Center:**
(men)
Rocksprings Recovery Center:
(women)
Alcohol and Drug Rehab and Transitional
Living
(931) 381-1026
(931) 223-7266

▶▶ **Grace Nazarene: (Divorce)**
(931) 380-4788
2302 Highland Ave.
Columbia, TN 38401

▶▶ **NAMI Maury County:**
(931) 215-1616
P.O. Box 1736
Columbia, TN 38402
NAMIMauryCounty@yahoo.com

▶▶ **Missing Children:**
(800) 872-5437
(800) 843-5678

▶▶ **Depression:**
(800) 826-3632
(800) 950-NAMI

▶▶ **Battering Intervention
Group**
(931) 840-4355